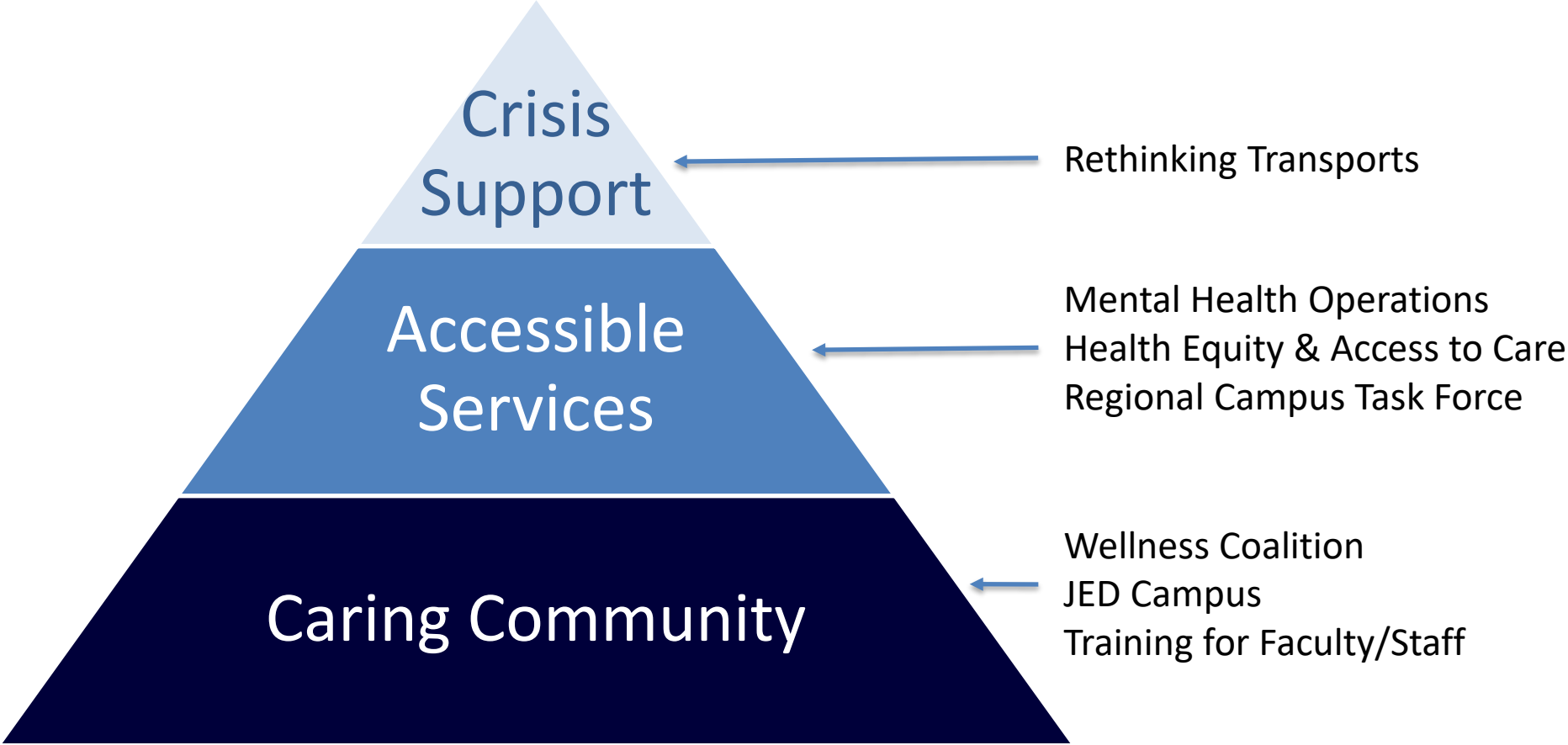


# Project Wellness: Outcomes of the Mental Health Task Force and the Road Ahead

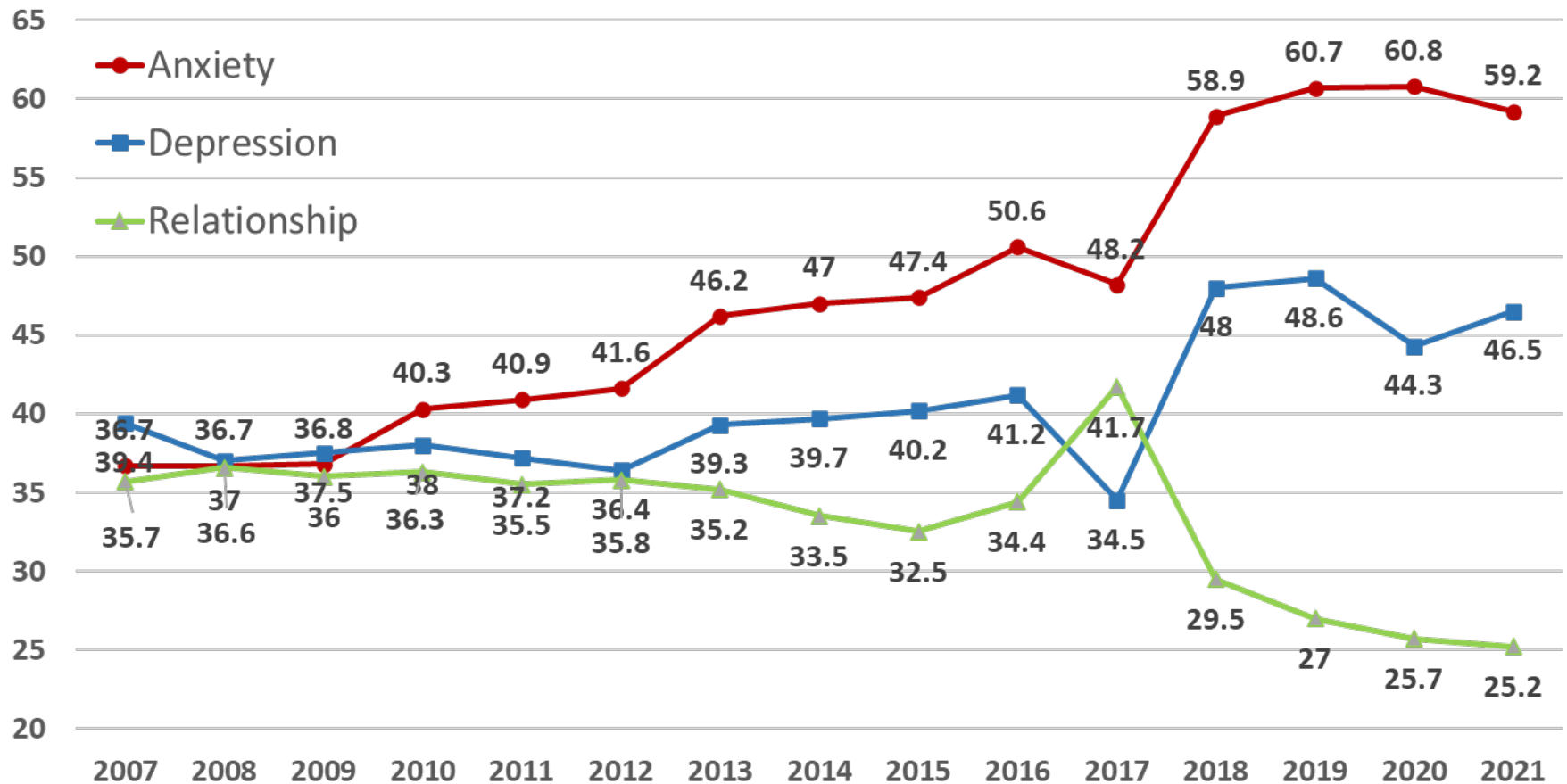
Eleanor JB Daugherty, EdD

Associate Vice President of Student Affairs and Dean of Students

# Mental Health Task Force | Recommendations



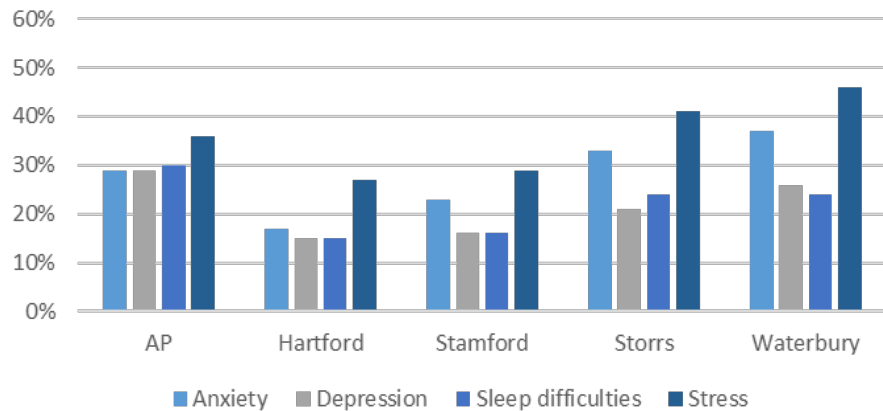
# National Student Mental Health Trends 2007-2021



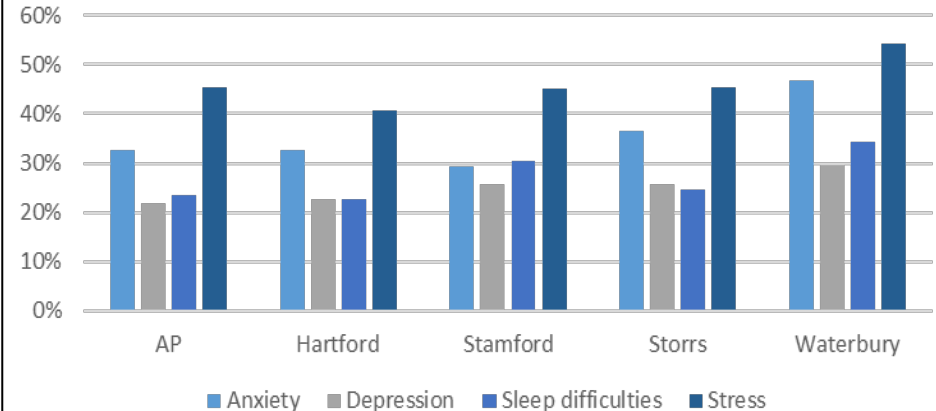
Mean % Client Presenting Problems; Association for University & College Counseling Center, Annual Survey 2007-2021

# UConn Student Wellbeing Academic Impacts

2019 ACHA-NCHA Survey



2021 ACHA-NCHA Survey

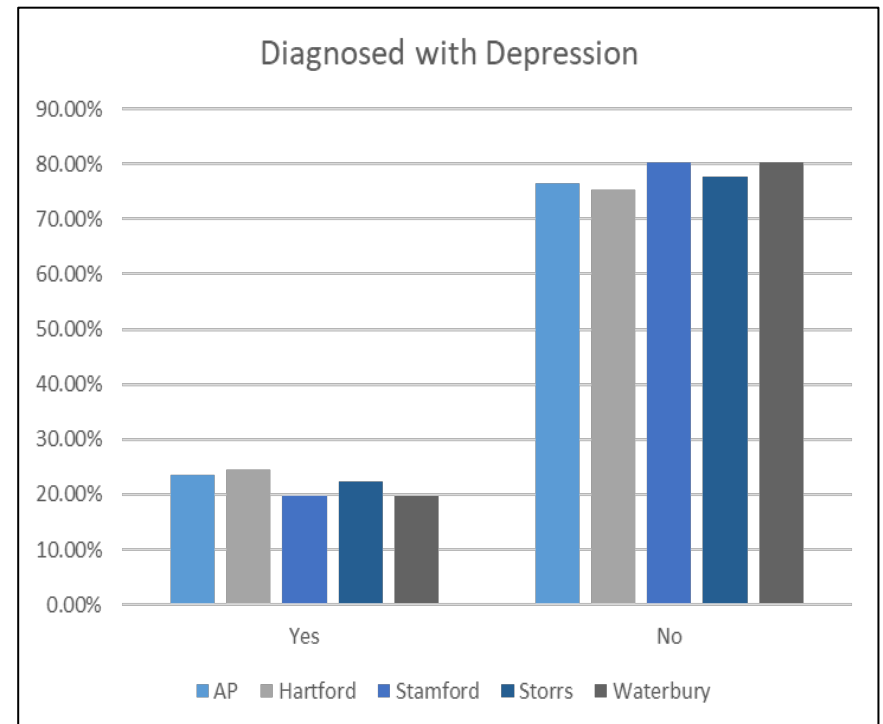
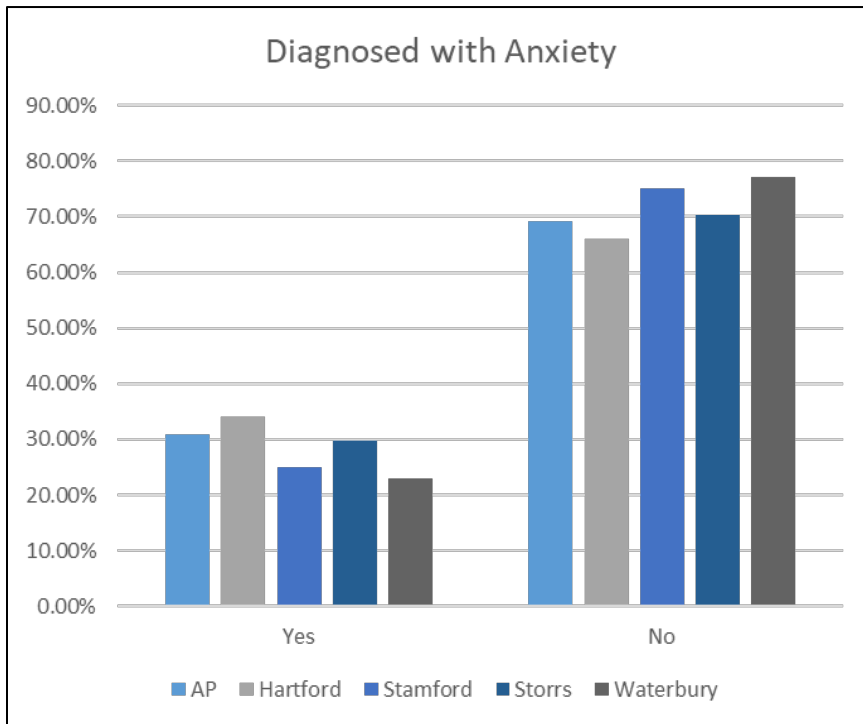


Within the last 12 months, % of students reported factors that affecting their academic performance.

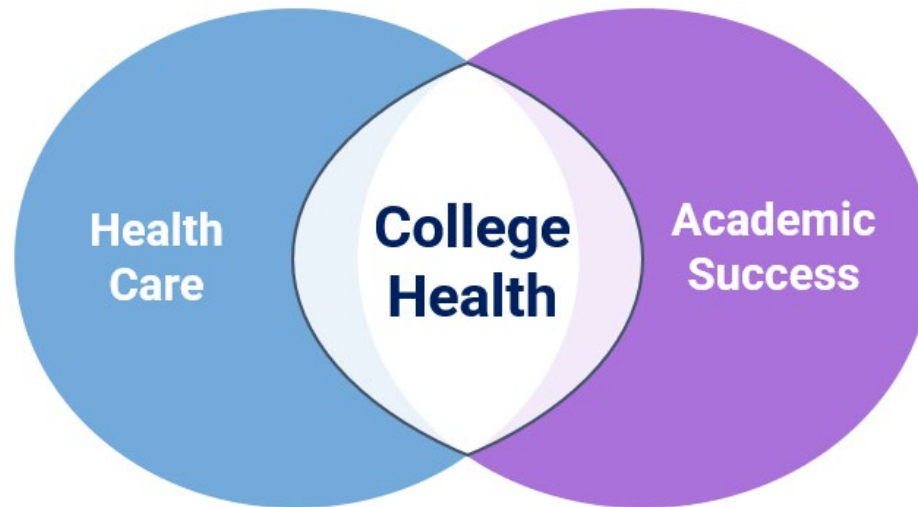
*NOTE: In 2021, Waterbury students report highest % in all 4 categories*



# Students with Diagnosed Anxiety or Depression



# The Role of Student Health & Wellbeing



## Core Functions of Health Care

- Assessing health status
- Diagnosing & prognosing/threatening illness
- Limiting the impact of disease
- Restoring or maintaining health

## Components of Academic Success

- Persistence and retention
- Academic achievement and learning
- A process of personal development
- Graduation and employment

# Mental Health Task Force Phase 1: Staffing Update

## Mental Health Clinical Case Managers (2.0 FTEs)



Amy Parent, LCSW



Olufumilayo Sowah, LCSW

## Mental Health & Wellbeing Education Program (2.0 FTEs)



Foluke Omosun, PhD



Todd Gibbs, PhD

## Mental Health Multicultural Specialist (1.0 FTE)



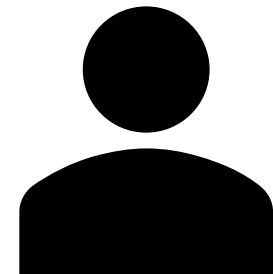
Chantaul Smith, LMFT

## Mental Health Diversity Training Program (1.0 FTE)



Daveon McMullen, PsyD

## Mental Health Educator (1.0 FTE)



Vacant

# Student Health & Wellness Health Data Academic Year 2019 vs 2021



- 51% increase in Screenings
- 86% increase in after hours on-call



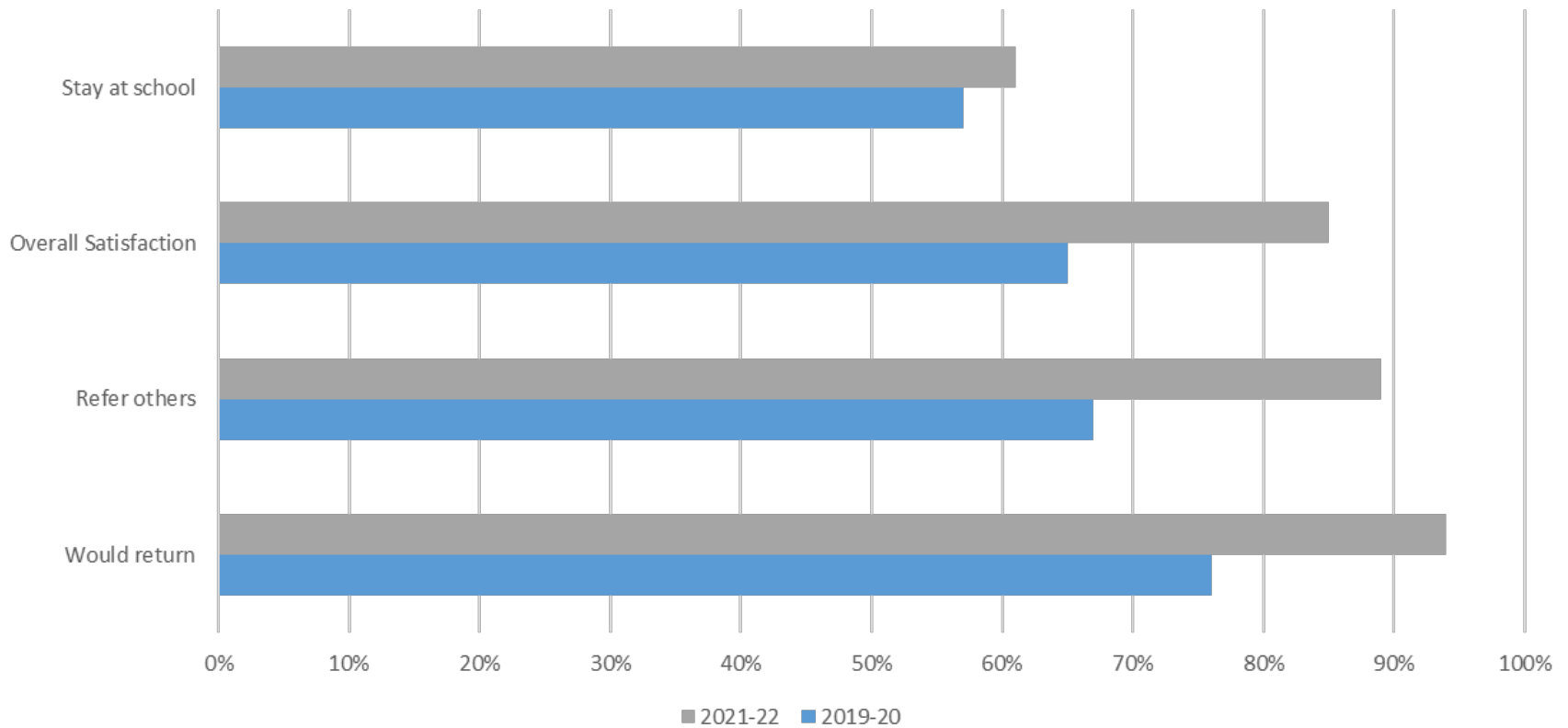
- 28% decrease in wait time (2 days from call to 1<sup>st</sup> appointment)



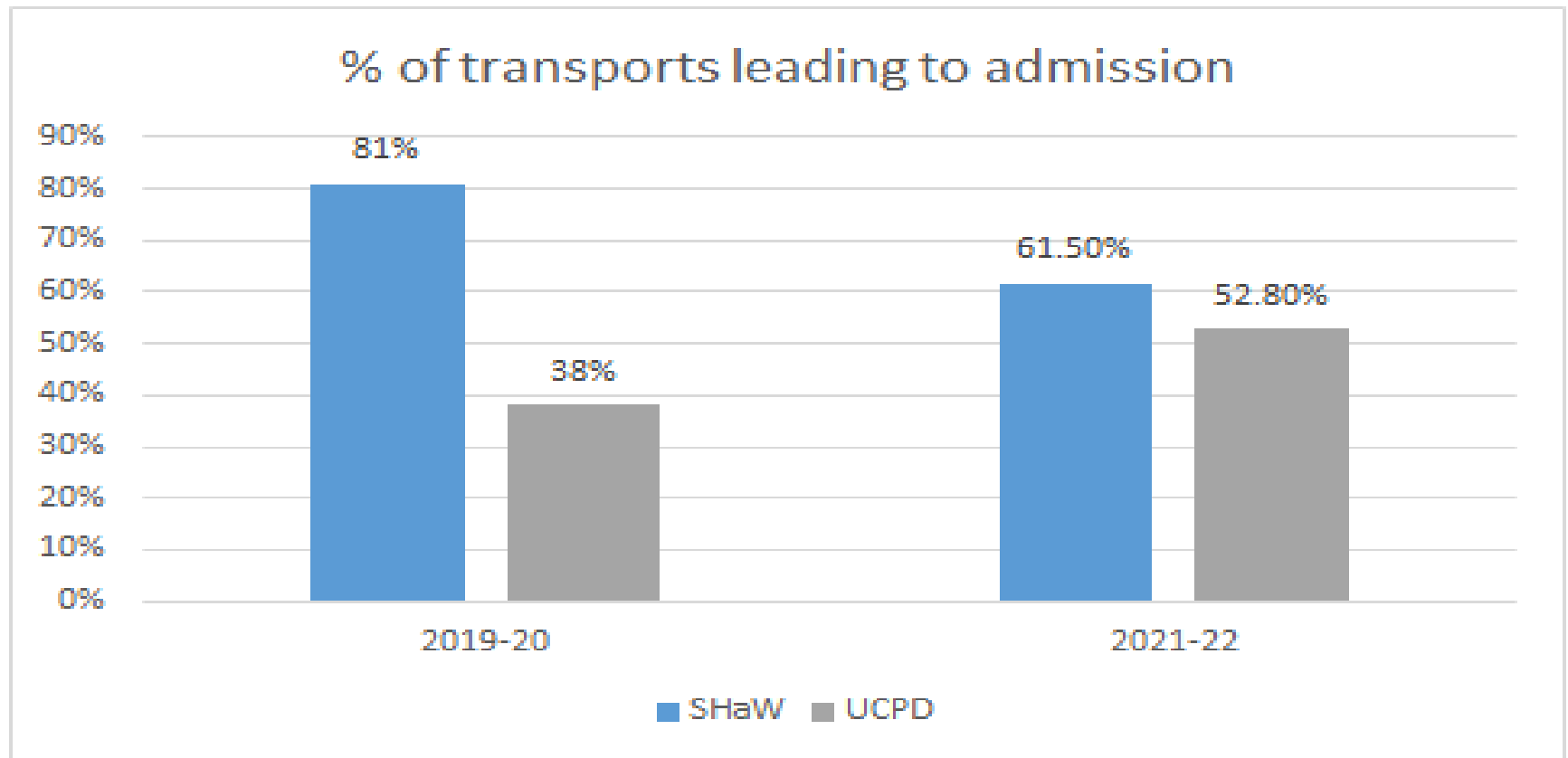
# Student Health & Wellness

## Mental Health Student Satisfaction Data

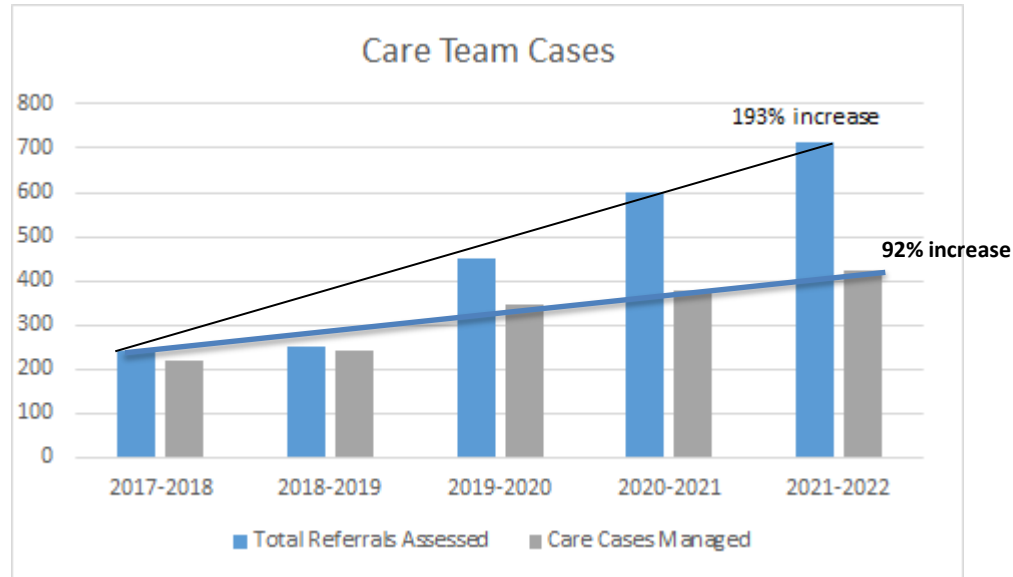
Student Satisfaction Survey



# Mental Health Transports

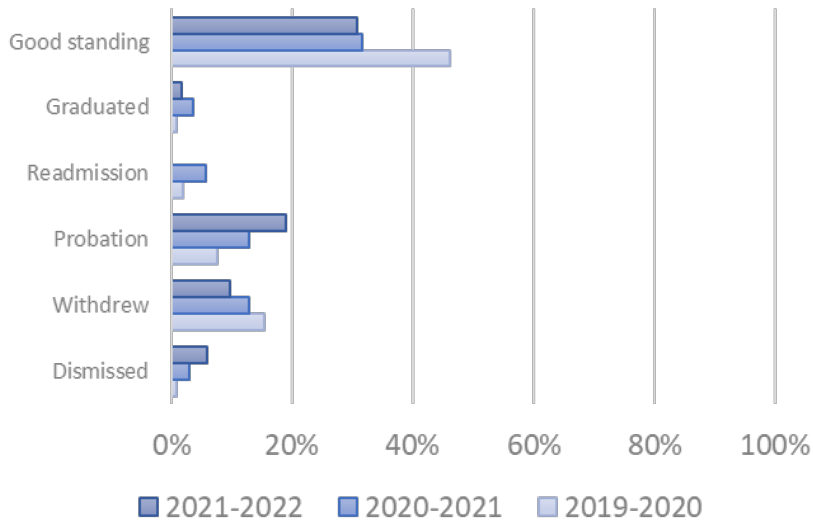


# Care & Concern Team Cases 5 Year Data

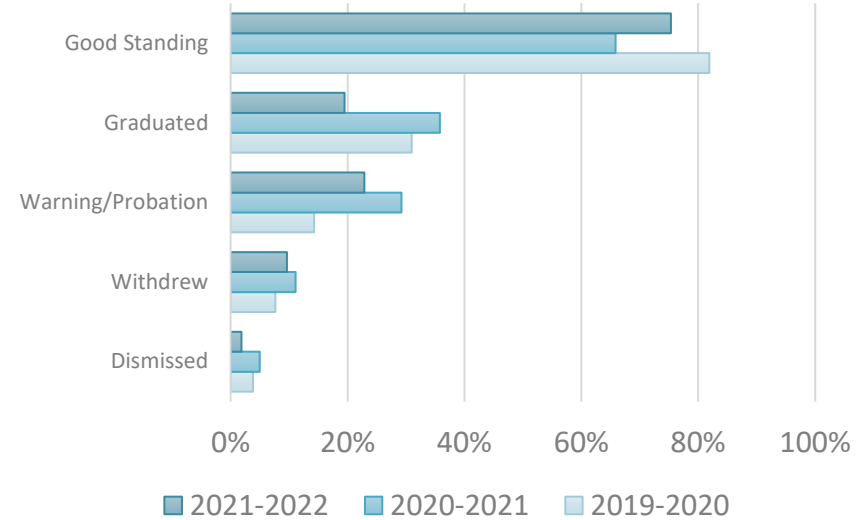


# Care & Concern Referrals Engaged with Outreach

CARE Referrals Engaged with DOSO Outreach



Care Referrals Engaged with Care Case Managers



**Coordinated approach to help students engage with support and get back on track academically**

# Providing Accessible, Responsive Access to Care for all Students

Storrs	FY23 funding amounts
Pre-Covid Funding for Mental Health	\$7.3 million
Mental Health Taskforce Funding Approved by BOT FY22	\$1.2 million
Additional Funding Phase 2	\$1.4 million

Regionals	
Current funds through Provost's office	\$1.1 million (FY22 budgeted amount)
Recommended funding for Model	\$3.3 million (does not include build out of space)

# Regional Campus Task Force

## SHaW Services – Campus Comparison

### *Mental Health Services*

Current SHaW Services Storrs Campus	Current SHaW Services Regional Campuses	SHaW Services WITH Proposed Expansion Regional Campuses
Clinical Mental Health Case Management	Clinical Mental Health Case Management	Clinical Mental Health Case Management
24/7 Mental Health Support Line	24/7 Mental Health Support Line	24/7 Mental Health Support Line
BeWell@UConn Resource Library	BeWell@UConn Resource Library	BeWell@UConn Resource Library
Thriving Campus Referral Network	Thriving Campus Referral Network	Thriving Campus Referral Network
Suicide Prevention/MH Awareness	Suicide Prevention/MH Awareness	Suicide Prevention/MH Awareness
Faculty & Staff Consultation*		<b>Faculty &amp; Staff Consultation</b>
Crisis Support*		<b>Crisis Support</b>
Brief Individual Therapy		<b>Brief Individual Therapy</b>
Group Therapy		<b>Group Therapy</b>
Let's Talk Mental Health Office Hours		
Psychiatric Services		
Mental Health for Student Athletes		
Yoga, Meditation & Mindfulness		

\* Service provided, when possible, based on limited resource availability

# Regional Campus Task Force

## SHaW Services – Campus Comparison

### *Medical & Nursing Services*

Current SHaW Services Storrs Campus	Current SHaW Services Regional Campuses	SHaW Services WITH Proposed Expansion Regional Campuses
24/7 Advice Nurse*		<b>24/7 Advice Nurse &amp; Nurse Navigator Program</b>
Immunizations		<b>Immunizations</b>
Nurse Coach Wellness Visits		<b>Nurse Coach Wellness Visits</b>
Screenings & Prevention Education		<b>Screenings &amp; Prevention Education</b>
Nutrition & Physical Activity Counseling		<b>Nutrition &amp; Physical Activity Counseling</b>
Primary Care, Physicals & Preventive Exams		
Injury, Illness & Immediate Care		
Travel Medicine & Allergy Care		
Sexual Assault Response Team		
Sexual & Reproductive Health		
Extended & Overnight Care		
Lab Testing & Blood Draw		
Radiology		
Pharmacy		
Durable Medical Equipment		
Sports Medicine for Student Athletes		

\* Service offered to Regional Campus students during COVID-19, when possible, based on limited resource availability

# UCH/SHaW Scope of Services Workgroup

Services Provided for Students by Student Health Services		Services Provided for Students by UConn Health	Opportunities for New or Expanded Services Provided by UConn Health	Opportunity for Transition of Student Care from UConn Health to Student Health Services
Allergy Clinic	Sexual Assault Response Team & Care	Dermatology	Dental (Expanded)	Eating Disorders
Immunizations/Travel Medicine	Sports Medicine	Cardiology	Ophthalmology	Sexual Assault
Infirmary/Overnight Care	Radiology *	Neurology	Advance Infusions (chemo)	Alcohol and Other Drugs
24/7 Advice Line	Phlebotomy	Obstetrics	Occupational Health (Expanded)	Transgender Transitioning
Pharmacy/Clinical Pharmacist	Alcohol and Other Drugs Services	Orthopedic Surgery	Employee Health & Wellness	Urgent Care Follow-Up
Mental Health Services	Health Education	Ultrasound	Transportation b/t UCH & SHS (provided by both)	
Eating Disorders Team	Animal Handler Svs	Medical Termination		
Health History Consult	Injury & Illness	Pediatrics		
Transgender Transitioning	Primary & Preventive Care	Geriatrics		
Nutrition & Physical Activity	Women's Health	Urgent Care		
Student Screenings (STI, Flu shots)	Immediate Care	Family Medicine		
Treatment for Latent TB	Wound Care			

\* UCH provides Professional Interpretation services for Radiology and EKGs.